







## January Activity Calendar Peterson Senior Activity Center

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> <b>New Year's Day</b> <b>PSAC Closed</b>
<b>4</b> 9:30 FROG 1:00 Open Cards/Games 4:30 Board Meeting	<b>5</b> 9:00 Canasta Strength Improvement 10:00 Line Dancing \$\$ <b>11:00 Country Jammers</b> 1:00 Open Cards/Games Drop In Watercolor 1:30 Gentle Yoga-Free	<b>6</b> 1:00 Cards/Games/Pinochle	<b>7</b> 9:00 Strength Improvement 10:00 Food Rescue 12:30 Bookmobile 1:00 Cards/Games/Pinochle 5:30 Yoga-\$\$	<b>8</b> 1:15 Pitch Tournament - \$\$
<b>11</b> 9:30 FROG 1:00 Open Cards/Games 5:30 Evening Meal	<b>12</b> 9:00 Canasta Strength Improvement Hearing Aid Clinic 10:00 Line Dancing -\$\$ 1:00 Drop In Watercolor Cards/Games/Pinochle 1:30 Gentle Yoga-Free	<b>13</b> 12:30 Duplicate Bridge 1:00 Cards/Games/Pinochle Woodburning	<b>14</b> 9:00 Strength Improvement 10:00 Food Rescue <b>12:00 The Rounders Music</b> 5:30 Yoga-\$\$	<b>15</b> 9:00 <b>Movie - Captive</b> 1:00 Cards/Games/Pitch <b>Movie - Captive</b>
<b>18</b> <b>Martin Luther King, Jr. Day</b> <b>PSAC Closed</b> 	<b>19</b> 9:00 Canasta Strength Improvement 10:00 Line Dancing \$\$ 1:00 Open Cards/Games Drop In Watercolor <b>12:30 Merryman Performing</b> <b>Arts/Texas Tenors Program</b> 1:30 Gentle Yoga-Free 5:15 Burger & Pitch Nite 5:30 Prime Fitness-\$\$	<b>20</b> 1:00 Cards/Games/Pinochle Foot Clinic - \$\$ Learn to Play Pitch	<b>21</b> 9:00 Strength Improvement 10:00 Food Rescue 12:30 Bookmobile 1:00 Cards/Games/Pinochle 5:30 Yoga-\$\$	<b>22</b> <b>1:00 p.m.</b> <b>National Storytelling Festival</b> <b>Kate Campbell</b>
<b>25</b> 9:30 FROG 1:00 Open Cards/Games Craft Class-Candy Cane Hearts Widow Women's Coffee	<b>26</b> 9:00 Canasta Strength Improvement 10:00 Line Dancing \$\$ 1:00 Open Cards/Games Drop In Watercolor 1:30 Gentle Yoga-Free 5:30 Prime Fitness-\$\$ <b>Day Trip to Horseshoe Casino</b>	<b>27</b> 12:30 Duplicate Bridge 1:00 Woodburning 1:15 Pinochle Tournament-\$\$	<b>28</b> 9:00 Strength Improvement 10:00 Food Rescue 1:00 Cards/Games/Pinochle 1:15 Pinochle Tournament-\$\$	<b>29</b> 1:00 Cards/Games/Pitch



## January Menu 2016 Peterson Senior Activity Center

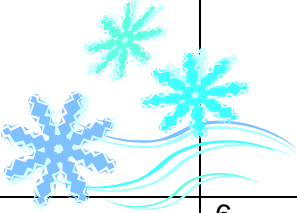


*Lunch Served 11:30 a.m. to 1:00 p.m.*

Please call 233-3278 by 9:30 a.m. to make your reservation.

All meals will be served  
with a bread item

*60 years and over – the suggested contribution is \$4.00.*


*Persons under 60 years of age – the set rate is \$5.00.*

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>New Year's Day PSAC Closed</b>
4 Creamed Chicken over Biscuit Riviera Blend Veggies Peaches	5 Salisbury Steak Mashed Potatoes Normandy Veggies Mandarin Oranges <b>Salad Bar</b>	6 Soft Shell Tacos Spanish Rice Refried Beans Peach Dessert <b>Salad Bar</b>	7 <b>Breakfast Bar</b> Pancakes Scrambled Eggs Bacon Fresh Fruit	8 Ham & Scalloped Potatoes Mixed Veggies Pineapple
11 Spaghetti Green Beans, Fruit Jell-O Garlic Bread <b>Evening Meal</b> Chicken Fried Steak Mashed Potatoes Beets, Peaches	12 Chicken Breast with Peach Glaze Fried Potatoes Mixed Veggies Apricots <b>Salad Bar</b>	13 Liver & Onions or Alternate Hash Brown Casserole Caribbean Blend Veggies Tropical Fruit <b>Salad Bar</b>	14 Fried Chicken Au Gratin Potatoes Oregon Blend Veggies Fruit Salad <b>Salad Bar</b>	15 Meat Loaf Half Baked Potato Lima Beans Pineapple
18 <b>Martin Luther King, Jr. Day PSAC Closed</b> 	19 Lasagna Green Beans Fruit Salad Garlic Bread <b>Salad Bar</b>	20 Sweet & Sour Pork over Rice Cheesy Cauliflower Mint Pears <b>Salad Bar</b>	21 Chicken Alfredo over Pasta Broccoli Peaches <b>Salad Bar</b>	22 Roast Beef Mashed Potatoes Peas Mandarin Oranges
25 Pork Chops with Glaze Mashed Potatoes Carrots Fruit Cocktail	26 Sloppy Joes Scalloped Potatoes Fruit Jell-O <b>Salad Bar</b>	27 Seasoned Fish or Alternate Veggie & Pasta Mix Pineapple <b>Salad Bar</b>	28 Swiss Steak Half Baked Potato Corn Peaches <b>Salad Bar</b>	29 Potato Bar Broccoli & Cheese Fruit Turnover



## February Activity Calendar Peterson Senior Activity Center

*Happy  
Valentine's  
Day*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> 9:30 FROG 12:00 AARP Tax Assistance 1:00 Open Cards/Games 4:30 Board Meeting	<b>2</b> 9:00 Canasta Strength Improvement 10:00 Line Dancing -\$\$ <b>11:00 Country Jammers</b> 1:00 Open Cards/Games Drop-in Watercolor 1:30 Gentle Yoga-Free 5:30 Prime Fitness-\$\$	<b>3</b> 1:00 Cards/Games/Pinochle	<b>4</b> <b>Birthday/Anniversary</b> 9:00 Strength Improvement 10:00 Food Rescue 12:15 Heart Presentation 12:30 Bookmobile 1:00 Cards/Games/Pinochle 5:30 Yoga-\$\$	<b>5</b> 1:00 Cards/Games/10 Pt. Pitch
<b>8</b> 9:30 FROG 12:00 AARP Tax Assistance 1:00 Open Cards/Games 4:30 Board Meeting	<b>9</b> 9:00 Canasta Strength Improvement Hearing Aid Clinic 10:00 Line Dancing -\$\$ 1:00 Open Cards/Games Drop-in Watercolor 1:30 Gentle Yoga-Free 5:30 Prime Fitness-\$\$	<b>10</b> 12:30 Duplicate Bridge 1:00 Cards/Games/Pinochle Woodburning	<b>11</b> 9:00 Strength Improvement 10:00 Food Rescue 12:15 Heart Presentation 1:00 Cards/Games/Pinochle Shuffleboard Tourney-\$\$ 5:30 Yoga-\$\$	<b>12</b> 1:15 Pitch Tournament - \$\$
<b>15</b> <b>Presidents' Day</b> <b>PSAC Closed</b> 	<b>16</b> 9:00 Canasta Strength Improvement 10:00 Line Dancing -\$\$ 1:00 Cards/Games/Pinochle Drop-in Watercolor 1:30 Gentle Yoga-Free 5:15 Burger & Pitch Nite 5:30 Prime Fitness-\$\$	<b>17</b> 1:00 Cards/Games/Pinochle Foot Clinic - \$\$	<b>18</b> 9:00 Strength Improvement 10:00 Food Rescue 12:15 Heart Presentation 5:30 Yoga-\$\$	<b>19</b> <b>9:00 Movie – The Martian</b> 1:00 Cards/Games/10 Pt. Pitch <b>1:00 Movie – The Martian</b>
<b>22</b> 9:30 FROG 12:00 AARP Tax Assistance 1:00 Open Cards/Games Widow Women's Coffee	<b>23</b> 9:00 Canasta Strength Improvement 10:00 Line Dancing -\$\$ 11:00 Open Cards/Games Drop-in Watercolor 1:00 Learn to play Pinochle 1:30 Gentle Yoga-Free 5:30 Prime Fitness-\$\$	<b>24</b> 12:30 Duplicate Bridge 1:00 Woodburning 1:15 Pinochle Tournament-\$\$	<b>25</b> 9:00 Strength Improvement 10:00 Food Rescue 12:15 Heart Presentation 1:15 Pinochle Tournament-\$\$ 5:30 Yoga-\$\$	<b>26</b> 1:00 Cards/Games/10 Pt. Pitch





## February Menu 2016 Peterson Senior Activity Center

*Lunch Served 11:30 a.m. to 1:00 p.m.*

Please call 233-3278 by 9:30 a.m. to make your reservation.

All meals will be served  
with a bread item

*Persons 60 years and over – the suggested contribution is \$4.00.*

*Persons under 60 years of age – the set rate is \$5.00.*

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p style="text-align: center;">Tuna &amp; Noodles Peas Mandarin Oranges</p>	<p>2</p> <p style="text-align: center;">Pork Roast Hash Brown Casserole Green Beans Peaches <b>Salad Bar</b></p>	<p>3</p> <p style="text-align: center;">Hamburger Casserole Baked Beans Fruit Jell-O <b>Salad Bar</b></p>	<p>4</p> <p style="text-align: center;"><b>Birthday/Anniversary</b> Chicken Fried Steak Mashed Potatoes Nantucket Veggies Fruit Salad</p>	<p>5</p> <p style="text-align: center;">Pigs in a Blanket Baked Beans Potato Salad Mandarin Oranges</p>
<p>8</p> <p style="text-align: center;">Baked Fish or Alternate Fried Potatoes Broccoli Fruit Cocktail</p>	<p>9</p> <p style="text-align: center;">Cheese Ravioli with Sauce Corn Fruit Salad <b>Salad Bar</b></p>	<p>10</p> <p style="text-align: center;">Fried Chicken Mashed Potatoes Carrots Pears <b>Salad Bar</b></p>	<p>11</p> <p style="text-align: center;">Sweet &amp; Sour Pork over Rice Cauliflower Mixed Fruit <b>Salad Bar</b></p>	<p>12</p> <p style="text-align: center;">Meat Loaf Scalloped Potatoes Peas Peach Dessert</p>
<p>15</p> <div style="display: flex; align-items: center; justify-content: center;"> <div style="text-align: center;"> <p><b>Presidents' Day</b> <b>PSAC Closed</b></p> </div> </div>	<p>16</p> <p style="text-align: center;">Goulash Corn Mixed Veggies Pears <b>Salad Bar</b></p>	<p>17</p> <p style="text-align: center;">Pork Chops Au Gratin Potatoes Cheesy Broccoli Fried Apples <b>Salad Bar</b></p>	<p>18</p> <p style="text-align: center;">Chicken Enchilada Casserole Refried Beans Rice Peaches <b>Salad Bar</b></p>	<p>19</p> <p style="text-align: center;">Polish Dogs Green Beans Fruit Salad Dessert</p>
<p>22</p> <p style="text-align: center;">Chicken Nuggets Potato Wedges Beets Apricots</p>	<p>23</p> <p style="text-align: center;">Liver &amp; Onions Fried Potatoes Corn Pears <b>Salad Bar</b></p>	<p>24</p> <p style="text-align: center;">Hot Ham &amp; Cheese on Bun Veggie &amp; Pasta Blend Mandarin Oranges <b>Salad Bar</b></p>	<p>25</p> <p style="text-align: center;">Salisbury Steak with Peppers &amp; Onions Mashed Potatoes Carrots Peaches <b>Salad Bar</b></p>	<p>26</p> <p style="text-align: center;">Chicken Bacon Ranch Casserole Green Beans Apricots</p>
<p>29</p> <p style="text-align: center;">Hot Roast Beef Sandwich Mashed Potatoes Caribbean Blend Veggies Fruit Cocktail</p>				

